



Is the Crisis Over? What's Next?

July 16th, 2021

11:30am – 1:00pm

Free via Zoom

Register [here](#)

Presenter Renee Schulte, LMHC

1.5 CEU from IBC – Counseling theories

Learn the emotional and physical cost of chronic stress and signs of recovery
following COVID

and

Identify specific tools that can quickly be implemented to increase resilience after
a crisis

For more information contact Emily Berry at emily@namiowa.org

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